



Personal Trauma Kit

Description	Unit
Tweezers	1
Digital Thermometer	1
Sterile Blade	1
Mouth to Mouth Device	1
Alcohol Wipes	4
Burn Shields (10cm x 10cm) (Burn-Eaz)	1
Wound Clot Gauze (10cm X 10cm)	1
Survival Blanket	1
SWAT Tourniquet	1
Alcohol Wipes	4
Crepe Bandages (Large)	1
Crepe Bandages (Small)	1
Non Sterile Gloves	4
Plaster	10
Micropore Tape	1
Triangle Bandages	2
Water for Injection Vials (Eye Irrigation)	5
Disposable Face Masks	1
Emergency Bandages (Israeli)	1
Sterile Dressing 10 x 10cm	2
Cling Film	1
Eye Pads	2
Ibuprofen	10
Paracetamol	10
Oral Rehydration	2
Glucose	1
Antiseptic Solution (Tincture Iodine)	1
Hydrocortisone Cream	1
Anti Bacterial Hand Gel	1
Piriton (Anithistamine)	5
Carry Bag	1
First Aid Instruction Booklet	1

